

Shutesbury Elementary School Lunch Menu *all meals served with soup, salad, fruit, vegetables and milk*
November 2016

Monday	Tuesday 11/1 Chili Pot Pie with Cornmeal Cheddar Biscuit Crust, Brown Rice, Veggies Gluten Free Available	Wednesday 11/2 Bar-B-Que Chicken with Sweet Potatoes, Veggies Bar-B-Que Tofu Gluten Free	Thursday 11/3 Greek Style Chicken Gyros with Pasta Salad, Veggies Vegetarian Gyros Gluten Free Available	Friday 11/4 Cheeseburger Pizza, Veggie Pizza or Cheese Gluten Free Available
11/7 Korean Pulled Pork (not spicy), Brown Rice, Vegetables Korean Tofu Gluten Free	11/8 English Cottage Pie with Potato Cheddar Crust Veggie Shepards Pie Gluten Free	11/9 Cheeseburgers, Oven Fries, Vegetables Black Bean Burgers Gluten Free Available	11/10 Chicken Lo Mien, Vegetables Veggie Lo Mien Gluten Free Available	11/11 No School
11/14 Spaghetti Carbonera (bacon and parmesan white sauce), broccoli Spaghetti with parmesan Gluten Free Available	11/15 Chicken Cheesesteak Grinders, Oven Fries, Vegetables Veggie and Cheese Grinders Gluten Free Available	11/16 Turkey and Cheese Panini, Coleslaw, Vegetables Grilled Cheese Panini Gluten Free Available	11/17 Roast Turkey, Mashed Potatoes, Vegetables, Gravy Roast Tofu Gluten Free	11/18 Pepperoni Pizza, Veggie Pizza or Cheese Gluten Free Available
11/21 Penne with Meat Sauce, Vegetables and Garlic Bread Penne with Marinara Gluten Free Available	11/22 Kung Pao Chicken Tacos with Brown Rice and Veggies Refried Bean Tacos Gluten Free Available	11/23 No School	11/24 Happy Thanksgiving	11/25 No School
11/28 Macaroni and Cheese, Vegetables and Garlic Bread Gluten Free Available	11/29 Tuna Melt with Oven Fries, Vegetables Open Faced Cheezey Melts Gluten Free Available	11/30 Potatoes au Gratin with Ham, Vegetables Potatoes au Gratin Gluten Free		

All menus subject to change without notice. Prior notice is necessary for gluten free options!